



**CREATING HEALTHY COMMUNITIES COALITION**  
**4<sup>th</sup> Quarter Meeting Minutes**  
**Monday, November 14, 2022**



The fourth quarterly meeting of Creating Healthy Communities Coalition was held via ZOOM on Monday, November 14, 2022 @ 9:00 A.M., with the following participants:

Laura Bogard, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Health Education Coordinator; Jennifer Sherman, OSS Solid Waste District; Mindy Birkholz, Mobility Manager Assistant – GLCAP; Jim Oliver, Mobility Manager, GLCAP; Pam Kensler, Habitat for Humanity; Vidalia Halbisen, Sandusky Co. Public Health; Jim Posey, Sandusky Co. Public Health; Katie Schlagheck, OSU Extension; Elizabeth Valentine, Health and Nutrition Coordinator, GLCAP; Jenny MacDonald, R.D., Sandusky Co. Public Health W.I.C.; Ruby Randolph, OSU Ext. SNAP-ED Program; Jill Simpson, Sandusky Co. United Way Exec. Director; Rachel McCoy, United Way Program Coordinator and Marsha Overmyer, Sandusky Co. Public Health.

Laura Bogard opened the meeting with introductions.

The minutes of the Monday, July 11, 2022 Creating Healthy Communities Coalition meeting were discussed with no changes/corrections.

**CAPACITY BUILDING**

Laura presented the following in person meeting dates for 2023 with no comments:

MONDAY, FEBRUARY 13, 2023, 9-10 A.M. @ SANDUSKY CO. PUBLIC HEALTH

MONDAY, MAY 8, 2023, 9-10 A.M. Location TBD

MONDAY, AUGUST 14, 2023, 9-10 A.M. Location TBD

MONDAY, NOVEMBER 13, 2023, 9-10 A.M. Location TBD

Laura will email the 2023 meeting schedule.

**CHC GRANT**

Laura presented a power point for the Creating Healthy Communities Coalition meeting, beginning with Creating Healthy Communities principles review and the new Vision and Mission Statements which were recently updated.

The 2023 Notice of Award for Creating Healthy Communities grant was received. The grant cycle is January 1, 2023-December 31, 2023.

**ACTIVE LIVING STRATEGIES – 2022**

*Public Transit:* Laura continues to work with GLCAP – TRIPS and City of Fremont administration to improve public transit by installing bus shelters for TRIPS shuttle service. Workgroup members for the bus shelter project include City of Fremont, TRIPS, Habitat for Humanity, and Sandusky Co. Public Health. Surveys were done in the summer of 2022 with shuttle users. Results from 22 users responded they would be willing to walk ten (10) minutes to a bus shelter; would ride the shuttle more if there was a shelter; and most responded a bench, cover from the weather and signage as most important to see at a stop.

Laura reported there is enough funding to purchase and install 2 bus shelters. The first location is Walmart and will be a three-sided unit, that will fit three-four (3-4) spaces and has space for a wheelchair. City workers will be building the shelter in front of the store by the cart return area. Walmart was chosen due to the having over 2,000 drop offs, pickups, transfers in 2021.

A second bus shelter will be placed @ a different location. Assessing current bus stops for the most appropriate location for the 2<sup>nd</sup> one. Working on structure designs and final quotes to place the order. Delivery may be approximately 10 – 12 weeks.

GLCAP – TRIPS received funding to install more bus shelters. Possibly at the Senior Center and Community Health Services in 2023.

Mindy Birkholz stated sidewalk decals to the bus shelter stops would be strategically placed. Laura is working with a local printing company for design/cost of the decals.

Radio ads to promote the shuttle service are being run on BAS Eagle 99 and 100. Sheri Trusty, Fremont News Messenger, interviewed Laura and Tim regarding the bus shelter. Publication is set for the end of November 2022.

*Pedestrian Infrastructure:* Village administration, community members, Gibsonburg elementary school staff and Sandusky Co. Public Health staff are partnering to improve sidewalks near the elementary school. Sidewalks at 1 intersection and 3 streets have been upgraded with ramps and tactile warning devices in September. Radar speed signs were purchased for Main and Yeasting Streets, by the high school and elementary school to alert drivers of speed in school zones.

Painting of new crosswalks the streets near the elementary school, and “Watch Out for Children” signage placement is being completed near the elementary school. Laura presented before and after pictures of the Gibsonburg Elementary school area showing the improvements at this time.

### **HEALTHY EATING STRATEGIES - 2022**

*Produce Prescriptions:* A Produce Prescription training provided by ODH/P.I.R.E. is being planned for November 28, 2022. Work group participants include Sandusky Co. Public Health W.I.C. dietician; OSU Extension staff; dietician from ProMedica; Community Health Services, Inc.; and Great Lakes Community Action Partnership nutrition staff. Patients from Community Health Services, Inc. will be the initial participants in the Produce Prescription Program, with possible expansion to ProMedica physicians and private practice physicians. Laura is working with a marketing representative to design a logo, and program brochure. Timeline is behind on this strategy.

*Food Service Guidelines:* Laura is working with Legends Recovery Center in Green Springs to improve healthy food and beverage options for employees. Infrastructure improvements will include the purchase of a snack cart, mini refrigerator, and possibly beverage dispenser. Laura is projecting a healthy snack and beverage taste testing to take place before the end of the year. Testing items will include a couple snack and beverages from the healthy eating survey completed by employees in the summer. There are approximately 20 employees currently.

Laura reported she attempted to contact Whirlpool for follow up on the previous work done without success. The representative she was working with resigned. Multiple emails and phone calls were made to the manager of the environment and safety without success.

### **SUSTAINABILITY ACTIVITIES – 2022**

*Complete Streets Policy:* In May 2022, the Village of Gibsonburg approved the Complete Street Policy. Laura has not gotten any response from the National Complete Street Coalition for the policy submitted.

*Park/Playground Improvement Project:* Laura is active in meetings when scheduled for the Kiwanis inclusive play park.

The community garden established @ Green Springs United Methodist Church did well this summer with growth of various vegetables. Next spring, church members will be providing an educational program for 3<sup>rd</sup> – 4<sup>th</sup> graders at the Green Spring elementary school for planting, caring for and harvesting vegetables.

## **CHC Grant – 2023 Proposal**

There were 4 proposed strategies approved to start in Jan. 2023.

### **ACTIVE LIVING STRATEGIES – 2023**

*Complete Street Policy:* In January 2023, Laura will be partnering with the City of Clyde to write a Complete Street Policy. Complete Street Policy is a plan, design, and maintenance for safety for walking and biking. Complete Street Policy benefits everyone for safety. Village of Gibsonburg passed the Complete Street Policy in May 2022 and Clyde will be the second in Sandusky Co. to write this policy.

*Bike Share Program:* Laura will be working with Tim Bergeman, TRIPS, and the City of Fremont to establish a bike share program in the city. The 2023 Creating Healthy Communities budget allows the purchase of ten (10) bicycles with apps for rent.

### **HEALTHY EATING STRATEGIES - 2023**

*Produce Prescriptions:* This is the 2<sup>nd</sup> year for this strategy. Community Health Services will be the initial provider, referring approximately twenty (20) patients, diagnosed with elevated blood pressure and cholesterol, pre-diabetes and diabetes, and pregnant women with gestational diabetes. Referred patients will participate in a four-six (4-6) months nutrition educational program and receive \$1.00-\$5.00/voucher for fresh fruits and vegetables (frozen fruits and vegetables are not included out of season). Patients will exchange the vouchers at participating grocery stores.

*Community Garden:* Planning for Community Garden @ Legends Recovery, N. Broadway Green Springs, Ohio will begin in February 2023, where residents in the facility will learn to plant, care and harvest vegetables for their own use and the community. Legends Recovery is a voluntary treatment/detox center of forty-five (45) beds.

### **SUSTAINABILITY ACTIVITIES – 2023**

These activities will be carried over into 2023 to finish:

Bus shelters – installation and post surveys to be done.

Food Service Guidelines at Legends Recovery – post surveys to be done.

Pedestrian Infrastructure – Gibsonburg – post surveys to be done and community awareness of project.

Laura will email the Project Involvement Form to coalition members to participate/volunteer in Creating Healthy Communities projects for 2023. Assistance needed includes distribution of surveys, walk audits and events. Need volunteers to host meetings in 2023.

### **AGENCY UPDATES**

Charlotte placed the link in the CHAT for the QPR training to be held on December 8, 2022 @ River Cliff Lodge, Tiffin St., Fremont. There are two (2) sessions available.

Adult and youth bike helmets are available @ Sandusky Co. Public Health. In 2022, bike helmets were distributed @ immunization, COVID vaccination clinics and other events, i.e. Downtown Fremont Farmer's Markets.

Meeting adjourned.

Next meeting to be held: **MONDAY, February 13, 2022 @ 9:00 A.M. Location is Sandusky Co Public Health office, 2000 Countryside Drive, Fremont**