



CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes

Monday, December 13, 2021 @ 9:00 am - Online ZOOM



Laura Bogard called the Monday, December 13, 2021, Creating Healthy Communities Coalition meeting, held virtual via ZOOM, to order with the following participants:

Laura Bogard, CHC Coordinator/Sandusky County Public Health (SCPH); Jim Posey, SCPH PPC; Charlotte Stonerook, SCPH PPC; Jamie Belcher, SCPH Tobacco Prevention; Vidalia Halbisen, SCPH HPE; Jennifer Leonard, Community Health Services; Jenny MacDonald, SCPH WIC Program; Katie Schlagcheck, OSU Extension; Pam Kensler, Habitat for Humanity; Ruby Randolph, OSU Extension; Johanna Young, Bellevue Hospital; Mindy Birkholz, GLCAP Mobility Management; Monica Jacobo, FCS Community Liaison; Marsha Overmyer, SCPH clerk

WELCOME & INTRODUCTIONS

Laura welcomed attendees to the meeting and reviewed the meeting agenda.

The minutes of the Monday, September 13, 2021, CHC Coalition meeting were reviewed, no changes or corrections noted for these coalition meeting minutes.

2022 CHC GRANT

Laura stated the 2022 Creating Healthy Communities grant notice of award was received and will begin Jan. 1, 2021. Laura has been in contact with the state consultant to discuss minor requests for workplan and budget revisions. The 2022 grant will be different than the 2021 grant, with the choice of one (1) Active Living Strategy; or one (1) Healthy Eating Strategy for each priority community (Fremont City, Sand. Co. & Clyde/GS school district) to be done instead of the previous requirement of both for each community. The state CHC program is looking for quality over quantity for this coming year. The following are the proposed strategies:

Produce Prescriptions – Focus will be on implementing a Produce Prescription program, a two (2) year strategy that will incorporate health care providers, retail grocery stores and/or local produce stands. This will add a nutrition element to a physician's visit for patients with chronic diseases, i.e., diabetes, high cholesterol, obesity. The first year of the grant will focus on developing the process, i.e., Memorandum of Understanding with retail grocery stores, produce stands, etc. Laura requested assistance from Ruby Randolph, OSU Extension; Jennifer Leonard, Community Health Services; and Annette Overmyer, ProMedica Memorial. Research and initial review of statewide/nationwide Prescription Programs will be completed.

Pedestrian Infrastructure – Will continue to work with the Village of Gibsonburg to make improvement(s) to one area identified in need by the walk audits and community surveys done (i.e., sidewalk repair, curbs, signage). The CHC budget originally allocated about \$10,000.00 for this project but this amount may need to be adjusted when budget revisions are done.

Food Service Guidelines – this strategy will continue with Whirlpool and the focus will be on the cafeteria in addition to the fifteen (15) vending machines addressed this year. Improvements in food choices for employees is the goal.

Public Transit – This strategy includes working with Tim from Great Lakes Community Action Partnership Mobility Management to implement a safe waiting environment for public transit users. Approximately \$14,000.00 was slated for the project but may need adjusted with budget revisions. Data is being reviewed for best fit for shelter/structure for transit waiting area in 2022.

ODH has approved for 2021 grant strategies to be "rolled over" into 2022 as needed. This is due to the continuation of counties dealing with COVID response which has interrupted work in many aspects. Laura will distribute Involvement Cards for coalition members to sign up for strategies they may be able to assist with in the next year. She will send these out after the final revisions to the workplan is approved.

Laura discussed the other change in 2022 will be more of a focus on community engagement. A template supplied by the state is available for counties to use. This will help develop a plan for community engagement for the strategies. She will discuss more at the 1st quarter meeting in 2022 and will need members to assist in the process after the requested grant revisions have been resubmitted to the state in Jan 2022.

2022 Meeting Dates:

Laura discussed the Creating Healthy Communities Coalition meetings will continue to be held quarterly on the second Monday of the designated month online from 9-10 a.m. until further notice. Laura presented dates that are more at the beginning of quarters instead of the end as was done in 2021. Laura proposed the dates are to be, February 14, April 11, July 11, and November 14, 2022. No objections voiced from coalition members. Laura will send out a meeting schedule soon.

CAPACITY BUILDING

Laura discussed member participation and will review the list of current Coalition members and the meeting attendance log for 2021. She will reach out to members who expressed interest in September (Katie, Ruby, Jamie, Annette & Cheryl) about assisting with member participation. She would like to contact partners who have been on the member list but have not participated in 2020 or 2021 to gauge interest in continuing with the Coalition.

Laura announced the coalition member evaluations done in previous years is not required and had discussed not doing one earlier in the year. Laura discussed continuing the evaluation to help determine if improvements need to be made with the coalition. She will email the survey link in early 2022.

ACTIVE LIVING STRATEGIES - 2021 Updates

Complete Streets Policy project – Laura will continue to work in the first quarter of 2022 for Village of Gibsonburg approval of the Complete Street Policy. Five (5) members from Gibsonburg and John Willey were instrumental in creating the policy. A draft was submitted to Toole Design for review & scoring in December. Revisions will be made based on the review before the policy is presented to Village Council.

Park/Playground Improvement project – A meeting for the City of Fremont Kiwanis Inclusive Play Park is scheduled for 10:00 A.M. today to discuss ongoing needs. A couple grand opening/ribbon cutting events were held in October. Phase I went very well and Phase 2 will continue based on the meeting today. Laura will continue to work on this project in 2022.

Pedestrian Infrastructure project – Approx. 1,400 feet of sidewalk on Clay St. that leads to the elementary school, was redone in August. Pedestrian counts were done and finding indicate majority of students walk on Broadway St. compared to Clay St. which is considered safer (Broadway is SR 19 with high traffic/trucks) This project is completed.

HEALTHY EATING STRATEGIES – 2021 Updates

Food Service Guidelines project – Laura is currently working with Whirlpool Corporation to help improve the drink and food options in the vending machines. Fifteen (15) food/vending areas were surveyed in the summer and found to provide a high amount of unhealthy food choices. There were approximately 170 employees that completed the healthy eating survey in July and August. Laura thought there would be more responses, but Whirlpool chose to close the survey after 2 weeks. Assistance from Coalition members was not needed due to the smaller number of respondents. The results were analyzed, and a draft power point was created for Whirlpool to review. Laura is waiting on feedback currently about the power point. Laura will continue to work with the Environmental Health and Safety Analyst at Whirlpool too make improvements and write a policy.

Food Service Guidelines project – Laura is working with Fremont City School Child Nutrition Supervisor, Tracy Rusch, to create healthy food and beverage options for employees at the middle school. Tracy requested the administration building (approx. 30 employees) to be added to the project. A survey was conducted with these employees in November. The policy was written and approved for the school in November. They chose to implement at least 75% of food and beverage options offered/provided to employees met the standard recommendations of the American Heart Association. Infrastructure improvements for the middle school include purchasing five water bottle refill stations to improve access to water for employees. These will be installed over Christmas break. Other improvements include purchasing display racks to hold healthy snack options at both locations and a mini fridge at the admin building to stock healthy drink options. A taste test of healthy snack options will be done after the first of the year. Laura will continue to work on this project until improvements complete, taste test of healthy options done, and employees are surveyed after changes made.

Community Garden project – Green Springs United Methodist Church Community Garden was a great learning experience. The women of the church will continue the Community Garden in 2022, making modifications for planting area for a more abundant harvest of produce. The Community Garden was a wonderful experience for the lady volunteers of the church, and all are excited for 2022.

For the 2021 grant, approval of the Fremont City School healthier eating policy and Village of Gibsonburg Complete Street Policy were paramount.

OTHER

Pam announced Hayes United Methodist Church, Fremont, will partner with the Fremont Food pantry and recruit more volunteers to expand its Community Garden. Food Pantry Director Ashley Wynn will work with the church.

ADJOURN

With no further business, the meeting was adjourned at 9:35 a.m.

THE NEXT CHC COALITION MEETING WILL BE HELD VIRTUALLY VIA ZOOM ON MONDAY, February 14, 2022 @ 9:00 A.M.