



701.23

This institution is an equal opportunity provider.

# Infant Foods List





## INFANT FRUITS



Gerber brand second foods only;  
4-ounces plastic containers only.  
Only the specific types as listed:



Apple



Apple Avocado



Apple Blueberry



Apple Cherry



Apple Peach  
Squash



Apple Strawberry  
Banana



Apricot Mixed  
Fruit



Banana



Banana Apple  
Pear



Banana  
Blackberry  
Blueberry



Banana Carrot  
Mango



Banana Orange  
Medley



Banana Plum  
Grape



Mango



Peach



Pear



Pear  
Pineapple



Pear  
Zucchini Corn



Prune Apple

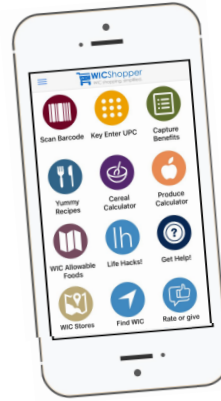
### Gerber® 2nd Foods® Organic Fruits



Apple Wild  
Blueberry



Mango Apple  
Banana



WICShopper is a mobile app that lets you scan products to verify that they are WIC - authorized, view the Authorized Food List, get recipe ideas, calculate produce, and more!

Download it today!

Always check your “EBT Card Benefits” printout and/or receipts to verify the individual items you have on your WIC Nutrition Card.

We want to hear from you! Please give us your opinion on the new format of our Authorized Foods List by going to the link below and taking our survey:

<https://www.surveymonkey.com/r/RXJDJC9>



## INFANT CEREAL

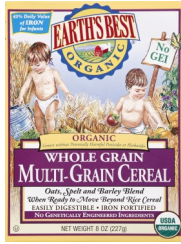


Earth's Best Organic brand only;  
8-ounces containers only;  
all flavors of iron fortified cereal.

**NOT ALLOWED:** With added fruit; with added DHA/ARA; cereal in jars; variety packs.



Oatmeal



Rice



Whole Grain Multi-Grain



Gerber brand only;  
8-ounces containers only;  
all flavors of iron fortified cereal.

**NOT ALLOWED:** With added fruit; with added DHA/ARA; cereal in jars; variety packs.



Multigrain



Oatmeal



Rice



Whole Wheat

### Gerber® Organic Cereal



Oatmeal



Rice

## INFANT FRUITS



Earth's Best Organic brand second foods only;  
4-ounces glass containers only.  
Only the specific types as listed:



Apple Apricot



Apples & Blueberries



Apples



Apples & Plums



Banana Mango



Bananas



Pears & Mangos



Pears & Raspberries



Pears



Prunes

## INFANT VEGETABLES



Gerber brand second foods only;  
4-ounces plastic containers only.  
Only the specific types as listed:



Butternut Squash



Carrot



Carrot Pear Blackberry



Carrot Mango Pineapple



Carrot Sweet Potato Pea



Green Bean





## INFANT VEGETABLES



Pea



Pea Carrot Spinach



Pumpkin



Pumpkin Banana



Squash Apple Corn



Sweet Potato



Sweet Potato Apple Pumpkin



Sweet Potato Corn



Sweet Potato Mango Kale



Earth's Best Organic brand second foods only; 4-ounces glass containers only. Only the specific types as listed:



Carrots



Corn & Butternut Squash



Peas



Sweet Potatoes



Winter Squash

## INFANT MEATS



For exclusively breastfeeding participants only; Earth's Best Organic brand; 2.5 ounce glass jars only; Only the specific types as listed:



Chicken & Broth



Turkey & Broth



For exclusively breastfeeding participants only; Gerber brand second foods only; 2.5 ounce glass jars only; Only the specific types as listed:



Beef and Gravy



Chicken and Gravy



Ham and Gravy



Turkey & Gravy





## INFANT FRUITS & VEGETABLES



Meijer brand foods only;  
2-4 ounces plastic twin-pack;  
Only the specific types as listed:



Apple  
Strawberry  
Banana



Apple Berry  
Mix



Mixed  
Vegetables



Tippy Toes brand foods only;  
2-4 ounces plastic twin-packs.  
Only the specific types as listed:



Apples



Apple Banana



Apple Banana  
Strawberry



Apple Berry



Apple Carrot  
Mango



Apple Mango



Apple Pear  
Banana



Apple Sweet  
Potato



Bananas



Mixed  
Vegetable



Squash



Squash Apple  
Pear

## INFANT FRUITS & VEGETABLES



Gerber brand second foods only;  
4 ounces glass containers only.  
Only the specific types as listed:



Apple Prune



Apple Spinach  
Kale



Apple Strawberry  
Banana



Apple  
Zucchini  
Peach



Banana  
Blueberry



Pea Carrot Pea



Pear Guava



Pear  
Zucchini



Squash Pear  
Pineapple



Sweet Potato  
Banana Orange



Gerber® 2nd Foods® Organic;  
4 ounces glass containers only.  
Only the specific types as listed:



Spinach with  
Kale



Sweet Potato  
Apple, Carrot &  
Cinnamon



Apple,  
Strawberry &  
Beet



Pear, Purple  
Carrot &  
Raspberry





## INFANT FRUITS & VEGETABLES



Beechnut brand second foods only;  
4-ounces glass containers only.  
Only the specific types as listed:



Apple



Apple  
Blueberries



Apple Mango  
Kiwi



Apple Pear  
Banana



Banana



Banana  
Strawberry



Corn and Sweet  
Potatoes



Garden  
Vegetables



Mango



Mixed  
Vegetables



Peach



Pear  
Pineapple



Pear  
Raspberries



Squash



Sweet  
Carrots



Sweet  
Peas

## INFANT FRUITS & VEGETABLES



Beechnut Naturals second foods only;  
4-ounces glass containers only.  
Only the specific types as listed:



Apple and  
Blackberries



Apple and  
Kale



Apple,  
Pumpkin &  
Cinnamon



Banana,  
Blueberries and  
Green Beans



Banana,  
Orange &  
Pineapple



Beet, Pear  
Pomegranate



Carrot,  
Sweet Corn  
& Pumpkin



Guava, Pear  
& Strawberries



Mango



Mango, Apple  
& Avocado



Pear and  
Blueberries



Peas, Green  
Beans &  
Asparagus



Pineapple,  
Pear &  
Avocado



Spinach,  
Zucchini &  
Peas



Sweet Corn &  
Green Beans

