



CREATING HEALTHY COMMUNITIES COALITION

3rd Quarter Meeting Minutes

Monday, August 14, 2023



The third quarter meeting of Creating Healthy Communities Coalition was held @ ProMedica Memorial Board Room A, on Monday, August 14, 2023 @ 9:00 A.M., with the following in attendance:

Laura Bogard, Creating Healthy Communities Coordinator; Charlotte Stonerook, Sandusky Co. Public Health (SCPH); Annette Overmyer, ProMedica Memorial Hospital; Rachel McCoy, United Way of Sandusky Co.; Elizabeth Valentine, Great Lakes Community Action Partnership; Jennifer Sherman, OSS Solid Waste District; Katie Schlagheck, OSU Extension; Ruby Randolph, OSU Extension; BJ Duckworth, Sandusky Co. Y.M.C.A.; Sarah Eden, SCPH Nursing; Jenny MacDonald, SCPH WIC; Addison Burmeister, SCPH Nursing; Jamie Belcher, SCPH HPE; Jim Posey, SCPH HPE; Marsha Overmyer, SCPH CHC Clerk

Welcome/Introductions

Laura Bogard, Creating Healthy Communities Coordinator, welcomed and thanked participants for attending the meeting before presenting this morning's agenda.

May Meeting Minutes

Correction to the second quarter Creating Healthy Communities Monday, May 8, 2023 minutes are as follows: under Agency Updates page 2, paragraph 4; last sentence should read: OSS Solid Waste District offers a competitive grant that allows nonprofits, schools or agencies to apply for (competitive) funding to establish a recycling program or purchase recycled content products (if they already have a recycling program in place). The OSS website has information on the grant.

Correction to the second quarter Creating Healthy Communities Monday, May 8, 2023 minutes under Agency Updates, page 2, paragraph 8 (Annette Overmyer) Fremont City Schools will distribute food; produce/staples, provided through federal grant funds beginning Monday, June 12-Monday, August 14, 2023. Annette Overmyer stated ProMedica is assisting in securing volunteers for the distribution events.

2024 CHC Grant Updates

The vision and mission statements of Creating Healthy Communities were reviewed.

The 2024 Creating Healthy Communities grant period is January 1, 2024-September 30, 2024. Notice of Award of the grant is expected in November or December 2023. There will be two (2) Creating Healthy Communities Coalition meetings held, in February and August 2024. Laura will email a questionnaire concerning this. Beginning October 1, 2024, Creating Healthy Communities will be a fiscal schedule. January 1, 2025, a competitive grant will begin a new five (5) year cycle.

Programs for 2024:

- Produce Prescription – patient caseload of 21-23

- Bike Infrastructure for City of Fremont – signage/painting with \$2,000.00 available for 2023

- Pedestrian Infrastructure for City of Clyde – writing Complete Streets Policy

Vaping Presentation

Jamie Belcher, CHES, OCPC, presented Youth Vaping Data Trends, noting 2022 data from the OhYES! survey reported, 1,171 youth using vaping products. Jamie reported on compliance checks completed by Sandusky Co. Sheriff's office in cooperation with Sandusky Co. Public Health. Laura thanked Jamie for the informative presentation.

2023 Project Updates

Retailers accepting Produce Prescription vouchers, which are in \$1.00/\$5.00 increments include Riehm's, Chud's, T Jays, Kirwens, and Drowns. Laura passed the vouchers for coalition members to review.

Dr. John Yuhas, affiliate of ProMedica Memorial, has signed Memorandum of Understanding, as health care provider for Produce Prescription Program with a possible nine (9) patients qualifying for referral. Food insecurity, chronic illness/diet related health conditions are qualifications for referral. Health care provider will fax referral form to Sandusky Co. Public health. If a patient of ProMedica Memorial Hospital answers "yes" to food insecurity question, a free bag of food is provided.

Katie Schlagheck, OSU Nutritionist, will provide six (6) session of education over a six (6) month time. Formats for education sessions are in person, group, online, interactive and mailing. Incentives to participate in educational sessions: tote bags, storage containers, measuring spoons and cups. Jamie suggested providing a conversion chart for measuring utensils for various family sizes. Laura and Katie will meet this afternoon to discuss the educational piece of Produce Prescription.

Allison Smith has taken the lead role in Cycle Sandusky Co., which is set to launch in September 2023. A total of six (6) bikes, three (3) purples of Fremont Ross and three (3) red for St. Joseph school colors purchased. Sandusky Co. Y.M.C.A. is the host site/borrow system during hours of operation. Borrowing bicycles is open to Y.M.C.A. members as well as the general public. Parents of youth 12-17 must personally accompany youth to sign up for borrowing a bicycle. Jamie suggested borrowing bicycles be put in students' orientation packets for the upcoming school year to advise parents on protocols.

The Y.M.C.A. will inspect before and after use of bicycles. A fine will be imposed if no return of bicycle/helmet. On Saturday and Sunday, a borrowed bike must be returned the first hour of operation the following day, i.e. Sunday for Saturday and Monday for Sunday. A QR code is on the bike to provide landing, bike trail, bicycle information, bike friendly businesses, etc. The Sandusky Co. Visitors' Bureau assisted. The Hayes Center will offer a discount for admission for a borrowed bicycle. Bike racks have been purchased. B J Duckworth stated borrowed bicycles first come first serve. Laura feels the program will be popular. TRIPS will store the bicycles from November to spring, 2024.

Rob Golden and John DelTorro, bicycle shop and Flat Landers will donate maintenance for repairs and expressed an interest in holding bicycle events @ the Y.M.C.A.

Laura reviewed the bicycle questionnaire survey conducted by sixty (60) individuals.

Charlotte Stonerook reported to date; over 160 bicycle helmets have been distributed.

Clyde Complete Streets Policy is in progress. Jim Posey completed an arduous walk audit, as one of the four (4) audits done in Clyde in May and June 2023. Two (2) sessions of Complete Street Policy writing have been held. A Street Design Demonstration is planned for fall, 2023. A temporary parklet by Wild Brew is planned, as well as parklet on Fair Street for Halloween Trick/Treat and Winesburg Christmas, 2023.

Community Gardens strategy at Legends Recovery Service was not completed. Food Service Guidelines with Legends Recovery needs to be signed by the administration.

Public transit needs user feedback.

Village of Gibsonburg has installed speed bumps, two (2) radar speed signs on SR #600 and painting of crosswalks near elementary school in August 2023 completed.

Community Gardens @ Green Springs United Methodist Church educated Green Springs elementary school third grade students. Laura stated the gardens are doing well.

Member Updates & Announcements

Charlotte invited coalition members to attend the Mental Health seminar on September 21 and 22, 2023 @ Neeley Center, Terra State Community College. The two (2) day event cost \$45.00, with 11.5 hrs. prevention CEU's.

Charlotte and Laura will be at ProMedica Memorial Family Fest on Sunday, September 24, 2023, distributing medication lock boxes/pouches.

Laura will complete an application in March 2024 for additional bicycle helmets.

Spooktacular is October 24, 2023. Agencies wishing to donate/participate to this annual event, please contact Jim Posey. More information will be forthcoming.

Overdose Awareness Day is Thursday, August 31, 2023, from 6-8 P.M. @ Conner Park.

Laura requested coalition members' participation in Creating Healthy Communities Workshops in October and November 2023. One is sustainability and focuses on Produce Prescription future funding; second Coalition Council Development for building agency partnerships; and third community engagement/evaluation, i.e. use of data collection tools. Annette Overmyer, Charlotte and Jim will participate in workshops.

Jamie stated Sandusky Co. Public Health .5 renewal levy is on Tuesday, November 7, 2023, General Election ballot.

THE NEXT CREATING HEALTHY COMMUNITIES COALITION FOURTH QUARTER MEETING IS MONDAY, NOVEMBER 13, 2023 @ 9:00 A.M.-10:00 A.M. @ THE FREMONT RECREATION CENTER.

Meeting adjourned.

Marsha Overmyer