

## CREATING HEALTHY COMMUNITIES COALITION

### End of 2024 Year - Meeting Minutes

Monday, September 9, 2024



Sandusky Co. Public Health Creating Healthy Communities Coordinator Laura Bogard called the end of grant year 2024 meeting of Creating Healthy Communities to order at 9:00 A.M., held in the Front Conference Room @ Sandusky Co. Public Health. Welcome and introductions of the following participants was held:

Laura Bogard, Sandusky Co. Public Health; Ruby Randolph, OSU Extension SNAP Ed.; Katie Schglaheck, OSU Extension Family & Consumer Science; Rachel McCoy, United Way of Sandusky Co.; Pam Kensler, Sandusky Co. Habitat for Humanity; Mindy Birkholz, GLCAP; BJ Duckworth, YMCA Sandusky Co.; Jennifer MacDonald, Sandusky Co. Public Health WIC Program; Ceilia Fitzgerald, SCPH HPE; Charlotte Stonerook, Sandusky Co. Public Health HPE; and Marsha Overmyer, Sandusky Co. Public Health

Laura Bogard provided shared information via PowerPoint slides. She reviewed the meeting agenda, the CHC Mission/Vision statements and CHC Principles. Laura thanked all members for participation and assistance in Creating Healthy Communities' coalition work group participation. Laura informed attendees she will email Power Point slides with the meeting minutes.

#### 2024 End of Year Strategy Reports

A review of the 9 months of the 2024 grant year, January 1-August 31 was completed.

**Fresh Connect Produce Voucher Program** received a total of eleven (11) referrals, with five out of six (5 of 6) completing the nutrition education classes and one (1) participant completing five (5) of the classes. All participants, fifty (50) years and older, screened positive for food insecurity, with chronic health conditions of high blood pressure, obesity and diabetes.

Participating retailers: Chud's Market and TJay's Fremont; Drown's, Clyde and Kirwen's, Gibsonburg.

Participating health care providers: John L. Yuhas, D.O., Clyde, ProMedica; Alexandra Rojas, CNP, ProMedica; Jennifer Greenslade-Hohman, M.D. and Mary Bower, M.D., NOMS.

Laura commended Katie Schlagheck, OSU Extension, for the nutrition classes and excellent presentation.

A post program survey noted all participants felt the program helped them with meal planning, label and portion reading, fat and sodium content, etc.

Fresh Connect Produce Voucher Program is completed. Funding could not be secured to continue.

**Bicycle Support Infrastructure Program** funded the purchase of bike racks for Fremont Community Rec Center, St. Joseph's High School, Sandusky Co. Dept. of Job and Family Services, Sacred Heart Elementary School and Sandco Sweeties, in Clyde.

Two (2) sets of replacement tools and hoses/nozzles for bicycle fix-it stations at the Brady lot and East Side Park were funded through this grant.

A review of Bike Share Ridership data for 2024 was reviewed. Bike Safety Day, held on May 18, 2024, featured a bike rodeo. The event was held @ Y.M.C.A. of Sandusky Co. in partnership with Sandusky Co. Public Health, Hayes Presidential Center, Great Lakes Community Action Partnership, Spoke Life and Sandusky Co. Visitor's Bureau.

**Pedestrian Infrastructure** included written and approved policy for sidewalks in the City of Clyde. A survey of sidewalks/streets is completed, and a plan was presented to city council. The cost of the project was too high as City of Clyde is planning a different direction.

## **2025 CHC Grant Strategies**

The 2025 grant officially begins October 1, 2024, with grant consultant meeting scheduled for Sept. 16, 2024 to develop budget and work plan revisions to be submitted to Ohio Dept. of Health for approval.

As the grant cycle has been changed from calendar to fiscal year:

Quarter 1	Oct. – Dec.
Quarter 2	Jan. – March
Quarter 3	April – June
Quarter 4	July – Sept.

### **Strategies Proposed:**

As two (2) different assessments, Healthy Eating and Active Living, need to be completed for the grant, Laura asked for volunteers from the coalition to form a work group. B. J. questioned whether the surveys were online or on paper. Laura reported there may be trainings offered by the state before the end of the year and she will do more research.

Food service guidelines for the priority community of Fremont is to collaborate with a worksite or community organization to create healthier food environment. Laura is proposing to reach out to the Fremont Rec. Center. Laura requested coalition members to provide potential agencies/worksites that may be interested.

Laura proposed to work with the city parks to replace a water fountain at Walsh Park, Fremont.

B. J. stated the safety issue with Fremont Middle school students running in between busses/cars @ the Fremont Ross campus and the need for better oversight.

Laura presented a proposal for signage for bikers/walkers on the bike trail @ SR #19, CR #198, township and county roads, and railroad tracks.

Laura stressed the need to reconvene for ideas relating to the Active Living Workgroup. Coalition assistance is needed to heighten Creating Healthy Communities involvement throughout the county at different village council, township trustees, meetings and other areas.

Other activities for 2025 grant year include a review of Complete Streets Policy with City of Fremont Council and Pedestrian Infrastructure in City of Clyde to promote safety remediation of sidewalks.

Safe Streets 4 All, federal funding, was received by Sandusky Co. to improve the safety of streets and sidewalks. This funding is being addressed by the city and county officials.

Please reach out to Laura regarding participation in workgroups.

### **Member News & Updates**

Charlotte Stonerook distributed Question, Persuade, & Refer (QPR) flyer for the event on September 23, 2024 to be held at Sandusky Co. Public Health. An afternoon and evening session will be held.

B. J. stated there are several health-related activities available @ Y.M.C.A. of Sandusky Co.

Mindy Birkholz stated TRIPS provides transportation from long term care facilities to health care providers.

Pam Kensler reported the fund raiser being held for Habitat for Humanity and the importance of Complete Streets in Sandusky Co.

Rachel McCoy said the United Way of Sandusky Co. annual campaign will kick off this Wednesday at the Whirlpool Corp.

Jim Posey reported Red Ribbon Week is October 21-25, 2024. Spooktacular will be held from 6-8 P.M. on Tuesday, October 22, @ Y.M.C.A. of Sandusky Co.

Katie Schlagheck stated OSU Extension is providing programs on Monday and Wednesday,

Ruby Randolph gave an update on the SNAP program and benefits changes.

The meeting concluded with Laura thanking all attendees for time and input.

**CREATING HEALTHY COMMUNITIES MEETING is scheduled for FEBRUARY 10, 2025 @ 9:00 A.M. IN THE FRONT CONFERENCE ROOM @ SANDUSKY CO. PUBLIC HEALTH.**

Meeting adjourned.