



## CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



MONDAY, November 9, 2020 @ 9:00 am - Online ZOOM

Laura Bogard called the Monday, November 9, 2020 Creating Healthy Communities Coalition meeting, held via ZOOM, to order with the following participants:

Laura Bogard, CHC Coordinator/SCPH; Stacey Gibson, Family & Children First Council; Marsha Overmyer, Sandusky County Public Health; Justa Smith, Great Lakes Community Action Partnership; Holly Kidd, Great Lakes Community Action Partnership; Alyssa Buccione, Great Lakes Community Action Partnership; Jim Posey, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Public Health; Kate Brinker, W.I.C., Sandusky Co. Public Health; Katie Schlagcheck, OSU Extension

### WELCOME/INTRODUCTIONS

Laura welcomed attendees to the meeting and introductions done.

### RESOURCES AND LOGISTICS

Laura Bogard requested all participants please place their name in Chat Box and asked if there were any new participants @ today's Creating Healthy Communities' Coalition meeting.

The minutes of the September 14, 2020 meeting were approved as presented.

The Notice of Award for the 2021 Creating Healthy Communities grant was received on September 15, 2020.

Laura requested venues for Creating Healthy Communities' meetings in 2021, if in person meetings could take place. The January 11, 2021 meeting will be held via Zoom @ 9:00 A.M. The frequency of meetings was discussed to change from every other month to quarterly Creating Healthy Communities' meetings. Laura reported most counties hold quarterly Creating Healthy Communities' meetings.

**Complete Streets** – Would like to complete walk audits in Gibsonburg before Thanksgiving and volunteers are needed. Laura is collaborating with the consultant from Toole Design Co., to map out four (4) routes for the audits. Laura would like three-four (3-4) total volunteers from health department and coalition and the same number from Gibsonburg community. Laura will meet with the volunteers and a short training will be completed. Charlotte Stonerook reported for a Walk Audit volunteers physically walk the route and observe/take photographs of sidewalks, i.e. cracks, not level, stop signs/lights, easy to cross street, etc. Laura did a drive through the Village of Gibsonburg, searching for potential locations for the walk audit. Input for ideas was received from Holly Kidd and Village of Gibsonburg Administrator Mark Glotzbecker. Stacey Gibson and Holly Kidd volunteered to participate in Walk Audit. Laura will contact Mark Glotzbecker for Village of Gibsonburg residents to volunteer for Walk Audit.

**Policy, Systems, Environmental (PSE)** – this required assessment was completed in July. It looks like most of the surveys were completed by the members of the CHC Coalition. Emails were sent to Sandusky Co. Board of Health members, several administrators and political leaders, with little feedback and would have appreciated more interest.

The assessment for *Active Living* had 7 responses from City of Fremont, 15 from Sandusky Co. and 6 from Clyde/Green Springs. The survey encompassed comprehensive plan, land use, transportation, bike transportation, school travel plan, and plan inclusive for people with disabilities. Results included there is inclusive playground in Sandusky Co. and Clyde Green Springs has adaptive equipment and all have recreational trails; public transportation is available in Sandusky Co., the City of Fremont and is in demand. Former Creating Healthy Communities' coordinator, Allison Smith, worked with a committee to create a Complete Streets policy for the City of Fremont City. Laura has unsuccessfully attempted on several occasions and in various ways to verify if the City Council adopted the policy. Laura reviewed the City Council meeting

agendas and minutes available online without any mention of the policy. Health Commissioner Bethany Brown will contact City of Fremont Economic Director and Sandusky Co. Public Health Board member, on the status. Laura reported Sandusky Co. Regional Planning Director John Willey recommended the plans be re-submitted to City of Fremont City Council if there has not been any progress. Laura will continue to work on this in the future.

The *Healthy Eating* assessment was completed by 3 in Sandusky Co.; 4 in the City of Fremont and 3 in Clyde/Green Springs. Results included the City of Fremont supported agricultural projects, there are Farmer’s Markets in City of Fremont, Sandusky Co. and Clyde/Green Springs and all accept food vouchers and Senior Citizen coupons. None of the locations had incentives for super markets for options for healthy eating.

**CAPACITY BUILDING**

Membership:

The CHCs’ Coalition member satisfaction survey will be emailed in December with feedback due prior to January 1<sup>st</sup>. This will be different that the ones completed in the past.

Coalition Involvement cards for 2021 will be emailed to members before the next meeting. Laura will work on making this a fillable pdf form that can be completed and emailed back to her. 2021 Proposed strategies:

<b>Sandusky County</b>	<b>Fremont City</b>	<b>Clyde/Green Springs School District</b>
Healthy Eating Strategy <b><i>Food Service Guidelines</i></b>	Healthy Eating Strategy <b><i>Food Service Guidelines</i></b>	Healthy Eating Strategy <b><i>Community Garden</i></b>
Active Living Strategy <b><i>Complete Streets Policy</i></b>	Active Living Strategy <b><i>New/Improved Park/Playground</i></b>	Active Living Strategy <b><i>Pedestrian Infrastructure</i></b>

Assistance will be needed in 2021 for the following proposed projects:

- Fremont City - we will be working on park improvements for 2021 somewhere in the city. Some potential areas include the inclusive playground at Rodger Young or an upgrade of the park @ Oak Harbor Road and Moore St., Fremont. Other suggestions are welcomed.
- Clyde/Green Springs area - A sidewalk in Green Springs, leading to the elementary school, will possibly be an improvement project for Creating Healthy Communities grant, as the Village of Green Springs has limited funds available. Laura requested volunteers for the committee.
- Sandusky County area – the Complete Streets project in Gibsonburg will be the focus for 2021. May need coalition members to participate on the committee with community members
- Fremont City – Fremont City Schools expressed interest in working with CHC on food service guidelines for employees in the district. Assistance may be needed with this strategy.
- Clyde/Green Springs - A community garden somewhere in the area will be worked on. One potential location is Elmwood Centers, in Green Springs. Volunteers will be needed.
- Sandusky County – Laura would like to work with Whirlpool in Clyde on food service guidelines. She would like ideas for other potential worksites to approach for this project. Worksites can be any business, agency, factory or other that has employees. Laura is currently working with Crown Battery in 2020.

- A professional bike ride may be scheduled in Sandusky County in 2021. Laura may need assistance with organizing this. Information will be sent out at a later date if this is approved.
- An open streets event, i.e. Street Play Saturday, like one held in the City of Fremont, may be planned for the Village of Gibsonburg for the Complete Street project. Street Play is when a street is closed off and activities, games are held for a specific time period. This activity will depend on the pandemic. Sandusky Co. Public Health did not participate in Street Play Saturday in 2020 due to the pandemic. We hope this successful activity will be restored in Fremont if life returns to normal in 2021.

Laura requested any ideas for strategies, activities, healthy eating for the community, please reach out to her. The coalition survey will be emailed with the minutes of today's Creating Healthy Coalition meeting minutes the week of November 16, 2020.

### **ACTIVE LIVING STRATEGIES - Progress for 2020**

**Complete Streets Policy project** - Laura requested one (1) volunteer from the Creating Healthy Communities' Coalition for Gibsonburg's street policy review of the walk audit and a survey available for Village of Gibsonburg residents on the Face book page. Basic Complete Street training will be the end of 2020 for start in 2021.

**Park/Playground Improvement project** – The playground equipment for Day Woods is scheduled to be shipped on November 17, 2020 and installation will be the week after Thanksgiving. Willis and Son is excavating the playground area for installation.

**Bike Infrastructure project** – Laura met with Clyde/Green administrators to discuss bike infrastructure. We Are Traffic, an advocacy group for bicyclists, have been instrumental in the promotion of bike racks. Green Springs will have two (2) and Clyde will have five (5). There will also be a “fix it station” at the bike trail as it runs through Clyde. The “fix it station” will be delivered next week and installed before the end of November, 2020. Bike counts were completed in Clyde and Laura requested volunteers to finish the count in the spring of 2021.

### **HEALTHY EATING STRATEGIES - Progress for 2020**

**Food Service Guidelines project** – Laura reported 108 responded to a survey of Crown Battery employees on the food service/café. The food/beverage choices are expansive, offering various types of drinks that are high in sugar and caffeine and snacks. She is meeting with the nurse to do an assessment to offer fewer options and healthier food/beverage choices. Water bottle refilling stations were discussed as a potential option for the employees of Crown Battery.

**Community Garden project** – The Community Gardens @ Hayes Memorial Methodist Church in Fremont closed in October. Plants were pulled, straw down and equipment stored to be ready for spring, 2021. In the spring, new plants and volunteers are all that will be needed. Laura was very pleased with the Community Garden project in 2020.

**Healthy Food Retail project** – Healthy Food Retail has made no progress in Clyde/Green Springs. The Circle K in Clyde, is the only food retail showing interest. Laura spoke with the marketing manager regarding more healthy food choices and promotions. The marketing manager will speak with corporate. The City of Fremont would be a better area for healthy food retail.

### **OPEN FORUM**

The Creating Healthy Communities' grant ends December 31, 2020 and the new grant begins on January 1, 2021.

Charlotte and Jamie Belcher discussed the tobacco products/materials take back day, Cold Turkey, for Thursday, November 19, 2020, from 11 AM-1 PM @ Sandusky Co. Public Health. The first three (3) individuals wishing to quit smoking and dropping off their tobacco products, ash trays, etc., will receive a gift card for a turkey. A fourth gift card will be raffled off for those individuals following the first three (3). There is also business cards, flyers and educational material on cessation of smoking, i.e. QUIT LINE.

Holly reported the Ohio Dept. of Transportation plan is being rewritten in 2021. This plan is rewritten every three (3) years. Transportation Tuesday is on Face book. TRIPS is running with PPE and social distancing protocols.

Stacey is familiarizing herself with the Family and Children First Council Director position and with the employment of a Wrap Around Coordinator next week, will be able to provide additional support to the Creating Healthy Communities' Coalition.

**ADJOURN**

With no further business, the meeting was adjourned.

**THE NEXT CREATING HEALTHY COMMUNITIES' COALITION MEETING WILL BE MONDAY, JANUARY 11, 2021 @ 9:00 A.M. via Zoom.**