



CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



MONDAY, JANUARY 13, 2020

The regular Monday, January 13, 2020 meeting of Creating Healthy Communities Coalition was called to order @ 9:00 A.M., with the following in attendance:

Stacey Gibson, HPE Director/SCPH; Trisha Reiter, Nursing/SCPH; Laura Bogard, CHC Coordinator/SCPH; McKenzie Frey, HPE/SCPH; Jennifer Leonard, CHS; Charlotte Stonerook, HPE/SCPH; Thomas Miller, HPE/SCPH; Kate Brinker, WIC/SCPH; Alyssa Buccione, GLCAP; Aly Rumer – Sandusky Co. Parks; Ruby Randolph, SNAP-Ed/OSU Extension; Justa Smith, GLCAP Senior Ctr.; Kristy Bilger, Downtown Fremont; Pam Kensler, LIFT Parish; Marsha Overmyer, Registrar/SCPH

INTRODUCTIONS/PSE UPDATES

Stacey Gibson introduced the new Creating Healthy Communities Coordinator Laura Bogard, R.N. Laura replaces Allison Smith, who took the position of Sandusky Co. Public Health Emergency Preparedness Coordinator/Epidemiologist. The Creating Healthy Communities (CHC) grant has been extended for an additional five (5) years and Laura expressed the goal of keeping the Coalition active. Roundtable introductions done.

Allison Smith was complimented on an excellent job working in the Creating Healthy Communities grant.

2020-2024 GRANT CYCLE

The 2020 Creating Healthy Communities Coalition meeting schedule was reviewed. The Monday, March 9, 2020 meeting will be held at Fremont Senior Center (GLCAP) 1101 Castalia Street, Fremont @ 9:00 A.M. Justa Smith (GLCAP) stated the number of attendees will be needed prior to the meeting (at least 3 weeks). Laura will contact her with an approximate number after the preliminary work on member recruitment is done.

The remainder of the 2020 meeting dates were discussed:

May 11, 2020 @ Sandusky Co. Public Health; July 13, 2020 @ Wilson Nature Center, Creek Bend Farm; September 14, 2020 @ ProMedica; and November 9, 2020 @ LIFT Parish location TBD. All meetings are held from 9-10 A.M. Laura will email a finalized schedule to members.

A description of 2020 Creating Healthy Communities projects was distributed. The handout is an overview of activities proposed to be done in 2020 according to the CHC grant. Laura will be taking the lead on the majority of the projects and members will be asked for assistance in contacts, resources, planning, potential workgroup, etc. Projects include:

- Increase in Coalition membership
- Complete Streets Policy (target - Sandusky Co)
- Park/Playground Improvement (target - Day Woods-Fremont);
- Bicycle Infrastructure Project (target - Clyde/Green Springs area);
- Food Service Guidelines (target - Sandusky Co);
- Community Garden project (target - St. Mark's Church, Fremont)
- Healthy Food Retailer Initiative (target - Clyde/Green Springs area) and
- Street Play Saturday, scheduled for Saturday, September 19, 2020 from 9 AM-1 PM, in conjunction with the Farmer's Market.

The Complete Streets Policy is a two (2) year project. An introductory workshop is to be scheduled for the end of March, 2020. The workshop is to be facilitated by Allison Smith. For the Bicycle Infrastructure Project in Clyde/Green Springs, residents and community stakeholders will be identified to assist. The Food Service Guidelines for Sandusky Co. will choose a worksite/organization/school to promote healthy eating (change in vending machines, snack carts, food for meetings, etc.). Pam Kensler will coordinate the

Community Garden Project @ St. Mark's Lutheran Church (Laura will be providing technical assistance) and the Healthy Food Retailer Initiative (Clyde/Green Springs) involves a local store/business offering fruits/vegetables for sale.

The Coalition involvement cards were reviewed. No members chose bicycle infrastructure/healthy food retailer. Laura Bogard asked members to give her or reach out to contacts or resources in the Clyde/Green Springs area for interest.

Laura informed members of the 2019 annual coalition survey results. Copies of a summary of the results were passed around for members to view. The response rate for the survey was 43%. Laura discussed the results of a question show an educational opportunity in the future relating to health equity. Over 34% of members answered their involvement with CHC has not improved health equity (6.90%) or they are unsure (27.59%). Over 60% of members answered their involvement in CHC created sustainable change. Laura will send a copy of the results with the meeting minutes. Print if you are interested and discard if not.

CAPACITY BUILDING

Coalition Membership - Discussion took place about increasing coalition membership. A list of gaps of potential members in all the priority areas was established. Discussed strategies to recruit new members. Plan was created for current members to reach out to the identified contacts or resources to inform of the CHC Coalition and invite them to the March 9th meeting. Current members volunteered to contact the identified potential members. Suggestion was made to create and distribute a CHC grant/coalition handout to provide to the potential recruit. Laura will create and email 1) simple fact sheet about what CHC is, membership involvement and 2) 2020 meeting schedule with times and locations.

The following lists is the coalition members that volunteered to reach out to the following potential organizations:

- Stacey Gibson: United Way of Sandusky Co., Clyde/Green Springs School District, Clyde/Green Springs village administration/government, and OSS Solid Waste District
- Laura Bogard – Clyde administration/government (court and probation)
- Justa Smith – Sandusky Co. Senior Citizen Coalition
- Alyssa Buccione – Goodwill Industries, RSVP
- Kristie Bilger – Share and Care (Salvation Army) , NAACP, Vanguard Career Center, Sandusky Co. Chamber of Commerce, Rotary and Terra State Community College
- Pam Kensler – Chamber of Commerce
- Allison Smith (Laura to speak with her) – Kiwanis

ACTIVE LIVING STRATEGIES

Complete Streets Policy project - a two (2) year project and Laura announced an introductory workshop is to be scheduled for the end of March. This will be an opportunity for partners and stakeholders to learn about Complete Streets to help build understanding and support for the project. Planning is in the early stages.

Park/Playground Improvement project – Laura announced that Day Woods in Fremont is the identified target location. She will be exploring the area in the next week and will be contacting Metro-Housing and the parks department for involvement.

Bike Infrastructure project – Initial step to make contact with the Clyde/Green Springs community discussed. Incorporation of Clyde/Green Springs schools and City of Clyde Recreation/Park Department will be utilized.

HEALTHY EATING STRATEGIES

Food Service Guidelines project – a list of potential sites to approach was created. Those worksites include: Heinz Co., Green Bay Packaging, Whirlpool Corp., Fremont City Schools, Sandusky Co. Dept. of Job and Family Services; Liberty Center, Surest Path Recovery Center, and Community Fortress. Discussion took place to approach small to medium size worksite in the county. Terra Community College and the Health Department are past successes for this project.

Community Garden project – Laura will be providing technical assistance to Pam of LIFT Parish to implement a community garden at St. Mark Lutheran church in Fremont.

Healthy Food Retail project – Discussed the target area of Green Springs and potential locations may be Mickey Mart and Family Dollar.

Laura Bogard requested a resource guide of all Sandusky County businesses. The Sandusky Co. Chamber of Commerce and Sandusky Co. Economic Development Corporation would have the information. Laura requested contacts for street maps of Clyde and Green Springs. She was instructed to contact the Engineers office for assistance.

COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)

SAVE THE DATE: WEDNESDAY, APRIL 8, 2020, FROM 9:30 A.M. to 1:00 P.M. WILL BE THE RELEASE OF THE COMMUNITY HEALTH ASSESSMENT.

Stacey Gibson reported tentative dates for the CHIP are being scheduled.

OPEN FORUM

Jennifer Leonard, Community Health Services, Inc. reported a clinic has been opened on Third Ave., Fremont, for OB/GYN care. A psychiatric Certified Nurse Practitioner is no on staff @ Community Health Services, Inc.

Pam Kensler, LIFT, stated additional hours, i.e. evening and Saturday, for the Bridge of Hope for working individuals to obtain food.

Laura Bogard asked if local physicians write prescriptions for nutrition. There is a nutrition prescription program in Fostoria. This is a partnership between the hospital and the local food pantry. A couple doctors do participate and write prescriptions for identified patients to access healthy food at the food pantry.

ADJOURN

With no further business, the meeting was adjourned.

THE NEXT MEETING WILL BE MONDAY, MARCH 9, 2020 @ 9:00 A.M. @ GREAT LAKES COMMUNITY ACTION PARTNERSHIP (GLCAP) Fremont Senior Center, 1101 Castalia St., Fremont