



CREATING HEALTHY COMMUNITIES COALITION
3rd Quarter Meeting Minutes
Monday, July 11, 2022



Creating Healthy Communities Coordinator Laura Bogard, R.N., called the Creating Healthy Communities Coalition meeting to order, on Monday, July 11, 2022 @ 9:00 A.M.,

Attendees: Laura Bogard, Sandusky Co. Public Health; Johanna Young, The Bellevue Hospital; Jennifer Sherman, OSS Solid Waste District; Mindy Birkholz, Mobility Manager, GLCAP; Pam Kensler, Habitat for Humanity; Jamie Klear, Community Coordinator, AmeriHealth; Vidalia Halbisen, Sandusky Co. Public Health; Jim Posey, Sandusky Co. Public Health; Jenny MacDonald, R.D., Sandusky Co. Public Health W.I.C. and Marsha Overmyer, Sandusky Co. Public Health.

Joined virtually: Katie Schlagheck, OSU Extensionl Annette Overmyer, ProMedica Memorial Hospital; Elizabeth Valentine, Health and Nutrition Coordinator, GLCAP

Laura thanked all participants for attending the meeting and introductions were made.

The minutes of the Monday, April 11, 2022 Creating Healthy Communities Coalition meeting were reviewed with no changes/corrections.

CAPACITY BUILDING

Reviewed the Creating Healthy Communities membership list.

CHC GRANT

Laura distributed a handout of the new CHC Principles and related definitions released by the ODH CHC program. Reviewed the listed principles with members. Laura informed the coalition the vision and mission statements are being revamped by ODH. Once finalized, Laura will inform members.

Ohio Dept. of Health CHC is stressing more community driven engagement of community members. Discussed continuing coalition meetings on a quarterly basis in 2023 and continue with member participation in strategies.

ACTIVE LIVING STRATEGIES – 2022

Public Transit: The Bus Shelter Project, in the amount of \$14,000.00 is progressing. Seventeen (17) locations were reviewed, rated and prioritization was Wal-Mart. Laura contacted the Fremont Wal-Mart Manager on Friday, July 1, 2022 and has not received a response. At this time, the second location option for a bus shelter is Birchard Public Library which is under construction and will be for some time. Until Laura hears back from Wal-Mart, she will not reach out to the library. Mindy Birkholz and mobility management staff from GLCAP assisted with administering a brief survey which yielded 22 responses from users of the shuttle service. Findings indicate the primary need with users is a bench/roof primary, there would be more use of the shuttle service with bus shelters. Most individuals responded they would walk up to 10-minutes to a bus shelter. Workgroup will continue to meet and plan.

Pedestrian Infrastructure: Laura and a workgroup member conducted a survey with community members attending the end of school event at Hilfiker Elementary school in May. Two location choices were given to be worked on to improve pedestrian infrastructure. Forty-three (43) community members voted for improvements to be made near the elementary school and twenty-six (26) votes for the middle/high school. There is funding of \$10,000.00 available to install cross walks, rumble strips, signage and possibly a radar speed detector. An educational piece for Gibsonburg elementary students and a social media campaign for middle/high school students on pedestrian/biking safety is planned.

HEALTHY EATING STRATEGIES - 2022

Produce Prescriptions: This program is being developed with a workgroup including representatives from Community Health Services (CHS), a dietitian from the ProMedica hospital, Katie Schlagheck, OSU Extension; and Jenny MacDonald, R.D., Sandusky Co. Public Health W.I.C. Laura reports CHS is totally involved, with all their health care providers able to offer the program to eligible patients. Three (3) planning meetings have been held and the target date to refer the first patients is October, 2022 with a budget to initiate for 3 to start. In 2023, the number will be expanded to ten (10) patients or more. Jamie Klear suggested "pop up venue" or delivery. Laura voiced the concern of how the program will sustain after 2023.

Food Service Guidelines: Laura was working with Whirlpool Corp in Clyde on Food Service Guidelines project to improve food choices for employees. A water bottle filling station and beverage dispensers were purchased in 2021. Expansion to work with the cafeteria in 2022 has been slow. The Whirlpool contact is no longer employed, and Laura has had difficulty with connecting to another representative.

Laura approached the new Legends Recovery center starting in Green Springs and they are interested in initiating food service guidelines. The agency has twenty (20) employees and Laura will meet with a representative on July 12th.

SUSTAINABILITY ACTIVITIES – 2022

Complete Streets Policy: In May, 2022, the Village of Gibsonburg approved the Complete Street Policy. This is the first Complete Street Policy approval in Northwest Ohio in the last five (5) years. Laura submitted the policy to the National Complete Street Coalition for review. If approved, it will be noted on the national website.

Park/Playground Improvement Project necessitates an evaluation with a minimum of twenty (20) surveys. Questions will include i.e., how often you go to the park, park experience satisfaction, and park improvements. Laura is scheduled to collect these surveys at the community cookout scheduled at Rodger Young Park on July 26, 2022.

CHC Grant – 2023 Proposal

Laura will submit the 2023 continuation grant, which is due July 25, 2022, in the amount of \$105,000.00. The Produce Prescription strategy will continue, and discussions held about available strategies for the City of Fremont and the Clyde/Green Springs area. Attendees were given sticky notes to place their thoughts of needed strategies on large papers displayed on the walls for the two priority communities. Members were given a list of potential strategies for healthy eating and active living.

City of Fremont potential strategies suggested by members included:

- Bridge of Hope food pantry at Hayes Memorial UMC
- Bike infrastructure, bike share program, bike racks at Potter Village
- Safe Routes to School
- Health Food Retail – convenience stores, work with Chud's grocery store,
- Food Service Guidelines - Sandusky Co. Court House, counseling centers
- Food bank/pantries improvements
- Produce prescriptions
- CSA – focus on one company or organization to offer CSA
- East side of Fremont needs health eating – juice bars?
- Dollar General stores – healthy food retail

City of Clyde/Green Spring potential strategies suggested by members included:

- Food Service Guidelines at Library
- Complete Streets policy

Community gardens
Signage for Green Springs parks
Pedestrian infrastructure
Food bank/pantries – pop-up @ Retail?
Improvements along the Intracoastal bike trail

Laura will contact Clyde City Manager Justin LaBonne for interest of writing a Complete Street Policy. If there is not an interest, she will explore one of the other strategies suggested.

Please email suggestions for the 2022-23 grant to Laura by July 25, 2022.

AGENCY UPDATES

Vidalia Halbisen presented fliers of three (3) upcoming trainings, to be held via ZOOM:

August 12 – 9 A.M. to 12:15 P.M. – Grant writing
September 9 – 9 A.M. to 12:15 P.M. – Facilitation of a meeting
October 7 – 9 A.M. to 12:15 P.M. – Project management

Laura asked if an agency would consider hosting the next Creating Healthy Communities meeting. Please email Laura if you are able.

Next meeting to be held: **MONDAY, NOVEMBER 14, 2022 @ 9:00 A.M. Location to be determined**

Meeting adjourned.