



## CREATING HEALTHY COMMUNITIES COALITION Meeting Minutes



MONDAY, March 9, 2020 @ Fremont Senior Center

The regular Monday, March 9, 2020 meeting of Creating Healthy Communities (CHC) Coalition was called to order @ 9:05 A.M., with the following in attendance:

Laura Bogard, CHC Coordinator/SCPH; McKenzie Frey, HPE/SCPH; Jennifer Leonard, CHS; Charlotte Stonerook, HPE/SCPH; Kate Brinker, WIC/SCPH; Justa Smith, GLCAP Senior Ctr.; Pam Kensler, LIFT Parish/Habitat for Humanity; Abby Aldrich, United Way; Annette Overmyer, ProMedica Memorial; Becky Goodwin, Elmwood Assisted Living; Carol Marlow, Goodwill Senior Employment; Cory Ellerbrock, PT Services; Jamie Coleman, OSS Solid Waste District; Tyler Kneesern, Chamber of Commerce; Ethan Binger, Fremont Rec Department; Kari Steele, Americare Home Health

### WELCOME/INTRODUCTIONS

Laura welcomed new attendees the meeting and roundtable introductions done. Laura noted that she replaced Allison Smith as the CHC Project Director in January.

### RESOURCES AND LOGISTICS

The 2020 Creating Healthy Communities (CHC) Coalition meeting schedule and locations was reviewed. The location for the November meeting to be hosted by LIFT Parish will be determined in the future. The next meeting is scheduled for Monday, May 11, 2020 and will be held at Sandusky County Public Health, 2000 Countryside Drive, Fremont @ 9:00 A.M.

Laura gave an overview of CHC and explained this grant is a 5 year cycle with new objectives written each year. The objectives for the continuation in 2021 will be written in the summer.

A description of 2020 Creating Healthy Communities projects was distributed. The handout is an overview of activities proposed to be done in 2020 according to the CHC grant. Laura will be taking the lead on the majority of the projects and members will be asked for assistance in contacts, resources, planning, potential workgroup, etc. Projects include:

- Increase in Coalition membership
- Complete Streets Policy (target - Sandusky Co)
- Park/Playground Improvement (target - Day Woods-Fremont);
- Bicycle Infrastructure Project (target - Clyde/Green Springs area);
- Food Service Guidelines (target - Sandusky Co);
- Community Garden project (target - St. Mark's Church, Fremont)
- Healthy Food Retailer Initiative (target - Clyde/Green Springs area) and
- Street Play Saturday, scheduled for Saturday, September 19, 2020 from 9 AM-1 PM, in conjunction with the Farmer's Market.

Laura announced the consultant from Ohio Department of Health (ODH) completed a site visit for the grant in January at the health department. Laura drove the consultant around Fremont, Clyde and the Green Springs area and the visit went well.

Laura discussed training services are available to counties funded with the Creating Health Communities grant. This company, TOOLE Design, has a contract with ODH to provide technical assistance and services relating to active transportation strategies. Each CHC county is assigned a Regional Outreach Coordinator and ours has over 30 years' experience in transportation. A handout with available trainings provided by TOOLE Design was distributed and members were asked to identify what trainings they may be interested in attending or may recommend to others stakeholders in the community. Results showed 2 with interest in trainings for Getting Started, 2 for Complete Streets and 1 for Walk Audit. Please see the TOOLE Design handout for detailed information.

## **CAPACITY BUILDING**

**Coalition Membership** – Laura discussed a new member orientation booklet will be distributed to those in attendance who decide to become active members of the coalition. This orientation booklet will have more detailed information about the grant and the coalition. Laura distributed handouts with the meeting dates and locations and a brief summary of the grant. Laura will follow up with the new attendees to inquire about continuing with the coalition.

Coalition involvement cards was revisited and Laura discussed the areas still in need. Laura asked members to give her any contacts or resources in the Clyde/Green Springs area for interest in the bicycle infrastructure and healthy food retailer strategies.

Contact names were given from the Clyde/Green Springs area for Laura to contact and invite to coalition meetings.

## **ACTIVE LIVING STRATEGIES**

**Complete Streets Policy project** - Laura announced John Willey from Regional Planning will be the presenter of a 2 hour introductory Complete Streets workshop. Target is the beginning of April and would like to see township trustees, village and city administration personnel to attend. Laura to work on what times of the day is better to offer the workshop. Laura informed members that Allison Smith agreed to present the workshop but her new job duties relating to coronavirus will not allow her the time. Another workshop that will focus on the development of a Complete Street policy for those community stakeholders interested in writing one will be scheduled in the fall.

Laura gave a brief description of Complete Streets as being a policy written and adopted so that streets are designed and built for everyone. This policy is an approach that integrates people and places into the design, planning, construction and maintenance of transportation in the community. Some examples include making it easy to cross the street, to walk and bicycle in the community. Fremont City has written a Complete Streets policy in 2019 that is in the approval process.

**Park/Playground Improvement project** – The playground at the housing units, Day Woods, was identified as the target for improvements by Ally Smith in 2019. Laura announced that she attended a meeting with the housing agent, Sandusky Co. Metro Housing Authority Board, in February to discuss the project and begin planning. Laura will continue to work with the Board on the project. Aly Rumer has agreed to assist with an assessment of the playground area. Surveys relating to the current playground is being collected from residents of Day Woods. A housing unit, Fremont Manor, which is in close proximity to the playground will also be surveyed in the near future. Laura passed around images of the playground from to show area is in need of improvements.

**Bike Infrastructure project** – Laura requested contacts in the Clyde/Green Springs area to approach for installing bike racks. Funding is slated to purchase & install 6 bike racks in Clyde. The bike racks will be placed in areas to increase use of bicycles amongst community members. Locations are to be selected carefully where there is a need with input from stakeholders.

## **HEALTHY EATING STRATEGIES**

**Food Service Guidelines project** – Laura requested members to send suggestions for county businesses, organizations, agencies, or worksites that may be interested in offering healthier food options in meetings, catered events, vending machines, cafeteria, or snack carts. Terra Community College and the Health Department are past successes for this project. Contact information for the Health Coordinator at Whirlpool in Clyde was given.

**Community Garden project** – Pam Kensler gave an update on the project. Location is St. Mark’s Lutheran church and have volunteers to build the garden beds and plan. Committee chose a “salsa” garden consisting of tomatoes, onion, peppers, cilantro and lettuce. Pam noted the garden will be a harvest for all and a small stand will be incorporated for community members to access the fresh produce. The garden beds will be inclusive. Church members have volunteered to maintain the garden. Pam is coordinating the volunteer list and maintenance schedule. Laura passed around images of the location on church property where to 3 raised beds will be placed and an image of type of bed to be built.

**Healthy Food Retail project** – Discussed the target area of Green Springs and progress with potential locations. Informed members that contact was made at the Dollar General and store manager instructed Laura to contact the corporate office. The Mickey Mart is located in Seneca Co. jurisdiction – approval to work with the store will be needed from Seneca Co. Health District. Laura requested other potential sites for the Clyde area.

**COMMUNITY HEALTH ASSESSMENT (CHA) & COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)**

**\*UPDATE: The face-to-face CHA Release event scheduled on April 8, 2020 at the Neely Conference Center has been cancelled. More details about the CHA release and CHIP meetings to follow in the near future.**

**OPEN FORUM**

Annette Overmyer announced Kiwanis is involved with a project to make improvements at Roger Young Park. This will include Inclusive elements.

Becky Goodwin stated Elmwood Assisted Living in Green Springs may be interested in establishing a community garden on site in the future.

Suggestion was made that Dollar General could work with a local farmer to offer their produce at the store. Suggestion was given for Moore Farms near Green Springs or Elmwood Assisted Living if they establish a community garden in the future.

Annette Overmyer inquired about the results of the CHANGE tool done in 2019. Laura will contact the ODH consultant about this.

**ADJOURN**

With no further business, the meeting was adjourned.

**THE NEXT MEETING WILL BE MONDAY, MAY 11, 2020 @ 9:00 A.M. @ Sandusky County Public Health, 2000 Countryside Drive, Fremont. Meeting will be held in the front conference room off of the main entrance.**