



## CREATING HEALTHY COMMUNITIES COALITION

### 2<sup>nd</sup> Quarter Meeting Minutes

### Monday, May 8, 2023



The second quarter meeting of Creating Healthy Communities Coalition was held in-person on Monday, May 8, 2023 @ 9:00 A.M at the TRIPS Office, with the following participants:

Laura Bogard, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Health Education Coordinator; Mindy Birkholz, Mobility Manager Assistant – GLCAP; Pam Kensler, Habitat for Humanity; Vidalia Halbisen, Sandusky Co. Public Health; Jim Posey, Sandusky Co. Public Health; Katie Schlagheck, OSU Extension; Jenny MacDonald, R.D., Sandusky Co. Public Health W.I.C.; Sarah Eden, Sandusky Co. Public Health Nurse; Rachel McCoy, United Way Program Coordinator; Annette Overmyer, ProMedica Memorial Hospital, Jamie Belcher, Sandusky Co. Public Health, James Oliver, GLCAP Mobility Management, Jennifer Sherman, OSS Solid Waste District, Addison Burmeister, Sandusky Co. Public Health Nurse and Marsha Overmyer, Clerk, Sandusky Co. Public Health.

Laura Bogard opened the meeting with introductions.

The Creating Healthy Communities Coalition first quarter meeting minutes, held on Monday, February 13, 2023 were reviewed with no changes recommended.

#### **PRESENTATION**

Laura presented a Power Point on CHC Principles Rubric relating to the produce prescription program. Background on the principles and rubric explained. Results of the rubric for each principle reviewed and explained. See power point for more details. No questions or comments voiced.

#### **CHC GRANT**

Laura discussed the 2023 grant strategies:

- *Produce Prescriptions – Healthy Eating:* Planning is on-going for the Produce Prescription program. Communication with health care providers, Betty Rumschlag at Community Health Services, Inc. and John L. Yuhas, D.O., Clyde. Laura is doing the “leg work” to get the process in place. Produce Prescription Program patients will attend six (6) educational sessions, which will also be provided online and through mail with OSU Ext. providing the education. Upon completion of an educational session, vouchers (coupon) will be issued to participants. CHC grant funds will reimburse retailers for the vouchers redeemed. Evaluation of patients with chronic diseases, i.e., elevated hypertension; glucose and cholesterol levels would measure the outcome.  
Laura reported corporate retailers like Walmart, Kroger, Dollar General are not able to participate due to the policy of not accepting paper vouchers. Members gave suggestions to reach out to T Jay’s, ESHELMAN’S, Del’s Super Valu; Hogue’s and Bassett’s. Laura reported she has been in contact with Chud’s who has committed and Drown’s with expressed interest. Laura will be working with retailers on logistics of voucher redemption and invoicing.
- *Bike Share program – Active Living:* The first meeting of the Creating Healthy Communities Coalition Bike Share Program was held on Tuesday, April 25, 2023 with good attendance. The next meeting is MAY 9. Target launch of the Bike Share Program is before June 30, 2023.
- *Complete Streets Policy – Active Living:* City of Clyde Complete Street Policy is progressing with Survey Monkey and walk audits to be completed May/June, 2023.
- *Community Garden at Legends Recovery Center – Healthy Eating:* Meeting was held on May 1<sup>st</sup> with the Director of Admissions who will be leading this strategy. Legends Recovery will have two (2) raised garden beds with gardening supplies, tools and plants being purchased. Staff and current residents will be working on this strategy. Harvested produce will be available to the community.
- *Sustainability strategies:* These are strategies from 2022 that need to be completed.
  - *Pedestrian Infrastructure:* Village of Gibsonburg Pedestrian Infrastructure is progressing.
  - *Public Transit:* WalMart and Fremont Ross Middle/High School bus shelters are installed. Chamber of Commerce will be doing a ribbon cutting May 16<sup>th</sup> at the school location.

- *Food Service Guidelines*: continue to work with Legends Recovery in Green Springs to write a food and beverage guidelines policy for employees. A meeting was held on May 1<sup>st</sup> with the Director of Admissions who is the lead. Healthy snacks chosen in response to taste testing that was done recently. Location changes of snack cart is being worked on due to reassignments of rooms for resident use.
- *Green Spring United Methodist Church*: education with elementary school students is scheduled for May 12<sup>th</sup>. Church volunteers will be teaching the kids about planting and growing food. The students will assist the volunteers with preparing and planting the community garden.

Laura will be writing the proposal for the 2024 grant in the summer. She may reach out to members for input. She announced the change in the 2024 grant timeline to be shortened from Jan – Sept. 30, 2024. The 2025 year will start Oct. 1, 2024 and end Sept. 30, 2025. Due to the shortened year, strategies will be ones that can be completed in 9 months. Laura voiced strategies she is thinking of is bike infrastructure for the city of Fremont, pedestrian infrastructure for Clyde and possibly continuing the produce prescription program for Sandusky County.

### **AGENCY UPDATES**

Each participant was asked to present an update/announcement for their respective agency.

Laura reported for Ruby data on the Ohio SNAP ED Quarter 1 - 2023 report (October-December 2022) Total direct participants were 452 with 178 being adults and 274 being teen and youth age. 45 direct programs were taught. participants; 178 adults. 143 SNAP users (80.3%)  
Quarter 4 – 2022 report (July – September 2022) included data that showed 36 direct programs were taught with 370 total direct participants. 302 were adults and 68 were teen and youth aged. 249 adults (82.5) were SNAP users.

Laura distributed pedestrian safety tip cards for members to distribute at their offices.

Jennifer Sherman stated an electronics recycling event was held on Saturday, May 6, 2023 and on Saturday, June 3, 2023, a tire recycling event will be held. Individuals may go to the OSS Solid Waste District website to purchase items made from recycled material.

Katie Schlagheck distributed information on Summer Safety website series to be presented Wednesdays in May, 2023. She will be trained to teach tai chi soon.

Pam Kensler announced the upcoming fundraiser for Habitat for Humanity scheduled for 6/9/2023. Donations for hamburgers start at 11 am until sell out at the Chamber of Commerce.

Jamie Belcher reported on the five (5) year Health Equity Strategic Plan, focusing on four (4) points, with a mass media campaign planned for the tobacco grant.

Annette Overmyer reported ProMedica Memorial will distribute food; produce/staples, provided through federal grant funds, beginning Monday, June 12, 2023 to aid in food insecurity. Volunteers are needed for the distribution events. Please reach out to Annette. ProMedica Memorial continues to focus on chronic disease in the surrounding area.

Rachel McCoy reported on Sandusky Co. Community Resource Collaborative to be held on Thursday, June 1, 2023 @ Sandusky Co. Job and Family Services, partnering with Sandusky Co. Public Health and Sandusky Co. Family and Children First Council. On July 18, 2023 computer training is scheduled @ Sandusky Co. Job and

Family Services and on July 21, 2023, from 3-9 P.M., a fundraising event will be held @ Hall's, W. McPherson Hwy., Clyde. Whirlpool Corporation will match donations received by United Way of Sandusky Co.

Jim Oliver is very active in suicide prevention and invited the group to Max's Miles Walk on Saturday, May 20, 2023 @ Connor Park. Sandusky Co. Public Health will have a table with prevention topic information.

Laura picked up bike helmets from Columbus, on Thursday, May 4, 2023, purchased by funding from American Association of Pediatrics. Over sixty (60) bike helmets were distributed @ Cinco de mayo. Safety Town, scheduled for Friday, May 19, 2023 will distribute bike helmets to Kindergarten students.

Charlotte Stonerook reported the Youth First Aid Mental Health event was held on April 28, 2023, with approximately twenty (20) participants.

- Overdose awareness meetings are scheduled for Tuesday and Wednesday, May 9 and 10, 2023, in the front conference room @ Sandusky Co. Public Health.
- Adult First Aid Mental Health event will take place Friday, May 12, 2023 @ Sandusky Co. Job and Family Services, featuring Kelly Garza, ZEPF Center, as facilitator.
- On Wednesday, May 24, 2023, from 9:00 A.M. to Noon, stimulant training facilitated by Shawn Bains, will be held. Drugs are being laced with meth, fentanyl, and cocaine.
- On May 20, 2023, Max's Mile will be held @ 9:00 A.M. @ Connor Park. Registration begins @ 8:30 A.M. Suicide prevention, care kits and scholarship information will be distributed. Sandusky Co. Public Health will have prevention information available.

Please reach out to Mindy Birkholz, TRIPS, for individual requiring transportation needs throughout Sandusky Co. The ribbon cutting for the bus shelter @ Fremont Ross Middle/High school is Tuesday, May 16, 2023 @ 10:30 A.M. All are invited to attend.

Discussed location for the August meeting. Annette voiced she will check if a conference room is available at the hospital and contact me.

#### NEXT Meetings:

- AUGUST 14, 2023, 9-10 A.M. Location TBD.
- NOVEMBER 13, 2023, 9-10 A.M. @ FREMONT RECREATION CENTER.

Meeting adjourned.

Mindy Birkholz conducted a tour of the TRIPS facility and explained the services provided for transportation needs.