



## CREATING HEALTHY COMMUNITIES COALITION

### 1<sup>st</sup> Quarter Meeting Minutes

Monday, February 13, 2023



The first quarter meeting of Creating Healthy Communities Coalition was held in-person on Monday, February 13, 2023 @ 9:00 A.M at Sandusky Co. Public Health, with the following participants:

Laura Bogard, Sandusky Co. Public Health; Charlotte Stonerook, Sandusky Co. Health Education Coordinator; Mindy Birkholz, Mobility Manager Assistant – GLCAP; Jim Oliver, Mobility Manager, GLCAP; Pam Kensler, Habitat for Humanity; Vidalia Halbisen, Sandusky Co. Public Health; Jim Posey, Sandusky Co. Public Health; Katie Schlagheck, OSU Extension; Jenny MacDonald, R.D., Sandusky Co. Public Health W.I.C.; Sarah Eden, Sandusky Co. Public Health Nurse; Rachel McCoy, United Way Program Coordinator; BJ Duckworth, Senior Director of Operations, Sandusky Co. YMCA; DeVaun Churchya, Recreation Programmer, Fremont Recreation Center and Marsha Overmyer, Clerk, Sandusky Co. Public Health.

Laura Bogard opened the meeting with introductions.

The minutes of the Monday, November 14, 2022 Creating Healthy Communities Coalition meeting were reviewed with no changes.

### **PRESENTATION**

Laura presented a power point on PSE 101: Building Healthy Communities Through Policy, Systems & Environmental (PSE) Change. Slide handouts were distributed to attendees.

### **CHC GRANT**

Laura discussed the 2023 grant strategies:

- *Produce Prescriptions – Healthy Eating:* this is a 2-year strategy started in 2022. Workgroup includes representatives from Community Health Services (CHS), ProMedica, GLCAP Nutrition, OSU Ext. Nutrition, SCPH nursing, WIC, and health education programs. The representative from CHS verbally stated interest in CHS medical professionals referring patients to the program. Once patient is referred, they will participate in 4 – 6 educational sessions; after successfully completing an educational session, the patient will receive an amount in \$1 and \$5 “vouchers” to buy fresh produce at a participating retailer. The goal is to serve 20 patients in 2023. A program brochure is being developed. Planning for the strategy is ongoing.
- *Community Garden at Legends Recovery Center – Healthy Eating:* Laura will be working with Legends Recovery Center staff to implement a community garden on site. This will be a type of therapy and a life skill for the residents. Education will be integrated in the program. Produce will be available to the Green Springs community.
- *Bike Share program – Active Living:* This program is for the city of Fremont to establish a bike share program. Discussion for this started in 2022 with GLCAP Mobility Management for the coordinated transportation plan. Funding is available to purchase a fleet of 9 bikes with GPS capabilities. Community residents will be able to rent the bikes for an amount of time. Volunteers for this workgroup include Mindy and Jim Oliver from GLCAP, BJ Duckworth from YMCA, and DeVaun Churchya from the Rec center.
- *Complete Streets Policy – Active Living:* Laura will begin working with the city of Clyde to write a complete streets policy. This a policy a community (city, town, village, township) writes to ensure all streets are designed or rebuilt for all types of users. Volunteers for the workgroup include Mindy and Jim from GLCAP, Pam Kensler from Habitat for Humanity, and Jim Posey from SCPH.

- *Sustainability strategies:* These are strategies from 2022 that need to be completed.
  - *Pedestrian Infrastructure:* this strategy will continue until all work is done in the spring. To date, 8 curbs have been reconstructed with ramps and tactile warning devices, 2 radar speed signs have been installed (1 near the high school and 1 near the elementary) and 2 more will be added to the opposite sides of the streets to alert drivers to slow down near the schools. Crosswalks need to be painted on various streets and street signs displayed to alert drivers there are children/school close by. An evaluation will need to be done afterwards.
  - *Public Transit:* 2 bus shelters will be installed along the TRIPS shuttle service routes in Fremont. One will be placed at Walmart and the other in front of the high school on North St. Delivery is expected the first of March. The city workers and schools will be installing the structures. Radio spots to promote the shuttle service started in November and will continue until this week on BAS stations Eagle 99 and Coast Country 100.9.
  - *Food Service Guidelines:* continue to work with Legends Recovery in Green Springs to write a food and beverage guidelines policy for employees. Infrastructure was purchased at the end of 2022 including shelving units for snacks and a mini fridge for healthy beverages.
  - Assistance offered to Green Spring United Methodist Church to teach 3<sup>rd</sup> graders at the elementary school to plant and grow food from seeds. This is an activity that has been discussed amongst the church members since implementing the community garden in 2021. The pandemic continued to place this on hold.

Member Involvement – Laura will email the fillable member involvement forms for members to complete.

### **CAPACITY BUILDING**

2023 proposed meeting dates – need volunteers to host meetings.

- MAY 8, 2023, 9-10 A.M. – Mindy from GLCAP volunteered to host this meeting at the TRIPS office.
- AUGUST 14, 2023, 9-10 A.M. Location TBD
- NOVEMBER 13, 2023, 9-10 A.M. Location TBD

DeVaun volunteered to host a meeting but not sure which date. Laura will connect with him to verify.

Laura is working on updating a CHC coalition new member orientation booklet.

### **AGENCY UPDATES**

Charlotte Stonerook shared an informational folder on Sandusky Co. Public Health prevention activities, focus on Narcan training, Parents Who Host Lose the Most, PAX human services training, March 15 and 16, @ the Neeley Center, Terra State College and PAX Tools training, being held every other month in 2023.

Jim Oliver is very active in suicide prevention and invited the group to Max's Miles Walk on Saturday, May 20, 2023 @ Connor Park. Sandusky Co. Public Health will have a table with prevention topic information.

Meeting adjourned.

Next meeting: **MONDAY, May 8, 2023 @ 9:00 A.M. Location is the TRIPS Office, 2317 Countryside Drive, Fremont**